



DADS 2 B EAST LOTHIAN 2018

Are you a Dad 2 B?

You are invited to a 4 week?

Dads 2 B Course covering:

- Supporting Labour & Birth
- Bathing Your Baby
- Dressing Your Baby
- Sleep Safety
- Early Days

- Feeding
- Baby Brain Development & Communication
- Post Natal Depression
- Being a Dad

Course Dates:

- 10th, 17th, 24th & 31st January 2018
- 7th, 14th, 21st & 28th March 2108
- 9th, 16th, 23rd & 30th May 2018
- 5th, 12th, 19th, 26th Sept 2018
- 7th, 14th, 21st & 28th Nov 2018

DadsWork
C/o First Step Community Project
37 Galt Avenue Musselburgh,
EH21 8HU

Contact:

Kevin Young
0131 665 0848 /
07833741768
dadswork@hotmail.co.uk